



Mary Help of Christians Traditional Roman Catholic Church

920 E. Cache la Poudre Street
Colorado Springs, CO 80903

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Pastor: Fr. Augustine Walz: (509)-379-1953 (augustinewalz87@gmail.com)
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Local contact: Jeani Vigil: (719) 205-1434; Sisters: (402) 290-5883

May 23rd, 2021 † Sunday after the Ascension

Sunday, May 23, HIGH MASS – 8:00 a.m. - PENTECOST SUNDAY

Pro Populo

Mon. May 24, HIGH MASS 6:30 pm – MARY HELP OF CHRISTIANS

For a conversion and the perseverance of our children

Tues. May 25, HOLY MASS 9:00 am – Pentecost Tuesday

Mary Gilmore

Wed. May 26, No Mass in Springs – *Ember Wednesday* (Fast and Abstinence)

Thurs. May 27, No Mass in Springs – Pentecost Thursday

Fri. May 28, No Mass in Springs – *Ember Friday* (Fast and Abstinence)

Sat. May 29, No Mass in Springs – *Ember Saturday* (Fast and Abstinence)

Sun. May 30, HOLY MASS – 8:00 a.m. - Trinity Sunday

Pro Populo

Serving Schedule:

Sunday, May 23rd: Anthony Vigil, Oliver Vigil

Monday, May 24th: Anthony Vigil, Abraham Rivera

Tuesday, May 25th: Eric Vigil, Andrew Fries

Sunday, May 30th: Dominic Pulliam, Anthony Vigil

Sunday, June 6th: Joseph Fries, Abraham Rivera

Sunday, June 13th: Donovan Fair, Alexander Vigil

“In the end, My Immaculate Heart will triumph.... and there will be peace!” ~ OL of Fatima

Confessions: Sundays – 7:00 am	Mondays – 10:50am	Tuesdays – 8:30am
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Catechism and Adult Doctrine Classes: will resume in September.
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PLEASE PRAY FOR: Please keep in your prayers Kyle Kaltenbacher, Elijah Nosko, Mr. Richard Pottenger, RIP, Mrs. Rosalie Pottenger, Mr. Jose Anaya, Daniel Gonzales, Christopher Fries, Sarah Watterson, Rebekah Hibdon, Joe Vigil, Michael Micklich, Cameron Hendricks, and Christopher Wertish. (Contact the Sisters to add to this prayer list.)

SUMMER SCHEDULE: please note the change in Mass times for the summer schedule.

SERVERS: Please be attentive to the summer schedule. If you are unable to serve an assigned day, kindly arrange ahead of time for someone to take your place.

HIGH MASS: today with the procession of the children to the shrine of Mary before Mass. Girls are encouraged to wear white dresses.

MAY CROWNING: will take place every Sunday of May! The faithful are encouraged to bring extra flowers to adorn Mary's Shrine!

TITULAR FEAST: Next Monday, May 24th, is the parish feast day, Mary Help of Christians! We will have a High Mass at 6:30 pm followed by a parish potluck! Let us make an extra effort to assist at Holy Mass on this special day!

EMBER DAYS: This week Wednesday, Friday and Saturday are the Ember Days. All those over 21 and under 59 are obliged to fast(only one full meal is allowed; two smaller meatless meals, sufficient to maintain strength, may be taken but together they should not equal a full meal). Those 7 and older are obliged to partial abstinence (meat only at the main meal) on Wednesday and Saturday, complete abstinence on Friday.

GARAGE SALE: Thank you so very much to all those who helped with donations, set up, operation and take down of the sale. We earned \$2,494.55. A Mass will be offered for intentions of all helpers!

PAINTING: the school and the church basement will be the week of May 24th - 27th. All help appreciated! A link will be sent in your email to volunteer!

Act of Consecration to the Holy Ghost

On my knees before the great multitude of heavenly witnesses I offer myself, soul and body to You, Eternal Spirit of God. I adore the brightness of Your purity the unerring keenness of Your justice and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light and listen to Your voice and follow Your gracious inspirations. I cling to You and give myself to You and ask You by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds and trusting in His Precious Blood and adoring His opened Side and stricken Heart I implore You, Adorable Spirit, Helper of my infirmity, so to keep me in Your grace that I may never sin against You. Give me grace O Holy Ghost, Spirit of the Father and the Son to say to You always and everywhere "Speak Lord for Your servant heareth." Amen.

