



Mary Help of Christians Traditional Roman Catholic Church

920 E. Cache la Poudre Street

Colorado Springs, CO 80903

← mary-help-of-christians.org →

Pastor: Fr. Augustine Walz: (509)-379-1953 (augustinewalz87@gmail.com)

Assistant: Fr. Carlos Zepeda: (870)-213-5688 (frcarlozpeda@gmail.com)

Local contact: Jeani Vigil: (719) 205-1434; Sisters: (402) 290-5883

May 28th, 2023 † Pentecost Sunday

Sunday, May 28, HIGH MASS 9:00 am – St. Augustine of Canterbury, BC

Pro Populo

Mon., May 29, No Mass in Springs – Pentecost Monday

Pro Populo

Tues., May 30, HOLY MASS 8:00 am – Pentecost Tuesday

Pro Populo

Wed., May 31, HIGH MASS 8:00 am – Ember Wednesday (Day of Fast and Partial Abstinence)

For all the Benefactors of MHoC

Thurs., June 1, HOLY MASS 8:00 am – Pentecost Thursday

Margie Brown

Fri., June 2, HOLY MASS and BENEDICTION 6:30 pm – Ember & First Friday (Day of Fast)

Marie Fries

Sat., June 3, REPOSITION 8:45 am, HOLY MASS 9:00 am – Ember & First Saturday

Matt & Nichole Bieri

(Day of Fast and Partial Abstinence)

Sunday, June 4, HOLY MASS 9:00 a.m – Trinity Sunday

Pro Populo

Serving Schedule:

Sun., May 28th: Nick Vigil, Andrew Fries

Wed., May 31st: Joseph & John Fries

Fri., June 2nd: Nick Vigil, Eric Kosovich

Sun., June 4th: Anthony Kosovich, Jude Vigil

Sun., June 11th: Steven Kosovich, Oliver Vigil

Sun., June 18th: Thomas Vigil, Anthony Vigil

Tues., May 30th: Anthony & Alexander Vigil

Thurs., June 1st: Andrew Fries, Jude Vigil

Sat. June 3rd: Anthony & Steven Kosovich

Come, O Creator, Spirit blest, and in our souls take up Thy grace, come with Thy grace and heavenly aid, to fill the heart which Thou hast made.

Confessions: Sundays – 8:00 am and after Mass **Tues. & Wed.** – 7:30 am

Ending Hymn: Holy Spirit Lord of Light Pg. 58 #57a

PLEASE PRAY FOR: RIP Susan Walz, RIP Paula Micklich, RIP Robert Bernard, Gloria Trujillo, Maria Allie, Kyle Kaltenbacher, Elijah Nosko, Joshua Potts, Michael Micklich, our Military and Police, Tom Gallegos, RIP Zack Hemlock, Cynthia Bernard, RIP Bob Cure, RIP Malachai Miller, Miller Family and all those in need. (Contact Sister to add to this prayer list.)

GARAGE SALE: Thank you for everyone who helped!! The sale raised just shy of \$4,000 for the Sisters! A Mass will be offered for the intentions of everyone who assisted!

MAY CROWNING and PROCESSION: will take place this last Sunday of May! The faithful are encouraged to join the procession before Mass.

EMBER DAYS: This week Wednesday, Friday and Saturday are the Ember Days. All those over 21 and under 59 are obliged to fast(only one full meal is allowed; two smaller meatless meals, sufficient to maintain strength, may be taken but together they should not equal a full meal). Those 7 and older are obliged to partial abstinence (meat only at the main meal) on Wednesday and Saturday, complete abstinence on Friday.

FIRST FRIDAY and FIRST SATURDAY MASS: in reparation to the Sacred Heart of Jesus and the Immaculate Heart of Mary are this week. Please sign up for the all night adoration on the Google sheets link that has been sent out. All the hours must be filled in order for us to have this privilege! Devotions for First Saturday will begin at 8:00am; these include the Rosary with meditations and prayers to the Immaculate Heart.

CHRISTIAN MOTHERS MEETING - will be in Denver on Saturday, June 10th. Please see the flyer for details.

GIRLS and BOYS CAMPS: multiple flyers are posted in the back of Church. There will be a boys camp here in Colorado as well. Details will follow soon.

SPONSOR A CHILD: If anyone would like to help sponsor girls or boys for any of the camps, please see Sr. Mary Catherine or Father Augustine.

PRAYER IN HONOR OF THE QUEENSHIP

O Mary Immaculate Queen, look down upon this poor, distressed and suffering world. Thou knowest our misery and our weakness. O thou who art our Mother, saving us in the hour of peril, have compassion on us in these days of great and heavy trial. Jesus has given thee entire power over all humanity; He has confided to thee the treasures of His grace, and through thee He wills to grant us pardon and mercy. In these hours of anguish, therefore, thy children come to thee as to their only hope. We recognize thy universal royalty and ardently desire thy triumph. We need a mother and a mother's prayer. Be for us the luminous dawn which dissipates our darkness and points out the way to life. Be thou the ever-flowing source from which we draw courage, confidence and love, the bond uniting all men and the sign of peace. AMEN

VENI, Sancte Spiritus - Come, Holy Ghost, send down those beams, which sweetly flow in silent streams from Thy bright throne above. O come, Thou Father of the poor; O come, Thou source of all our store, come, fill our hearts with love.

O Thou, of comforters the best, O Thou, the soul's delightful guest, the pilgrim's sweet relief. Rest art Thou in our toil, most sweet refreshment in the noonday heat; and solace in our grief. O blessed Light of life Thou art; fill with Thy light the inmost heart of those who hope in Thee. Without Thy Godhead nothing can, have any price or worth in man, nothing can harmless be. Lord, wash our sinful stains away, refresh from heaven our barren clay, our wounds and bruises heal. To Thy sweet yoke our stiff necks bow, warm with Thy fire our hearts of snow, our wandering feet recall.

Grant to Thy faithful, dearest Lord, whose only hope is Thy sure word, the sevenfold gifts of grace. Grant us in life Thy grace that we, in peace may die and ever be, in joy before Thy face. Amen. Alleluia.

