



Mary Help of Christians Traditional Roman Catholic Church

920 E. Cache la Poudre Street

Colorado Springs, CO 80903

mary-help-of-christians.org

Pastor: Fr. Augustine Walz: (509)-379-1953 (augustinewalz87@gmail.com)

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February 25th, 2024 † 2nd Sunday of Lent

Sunday, Feb. 25, HIGH MASS 9:00 am – St. Tarasius, BC

Pro Populo

Mon., Feb. 26, No Mass in Springs – St. Matthias, Ap

RIP Poor Souls

Tues., Feb. 27, HOLY MASS 8:00 am – Lenten Feria

RIP Poor Souls

Wed., Feb. 28, HOLY MASS 8:00 am – St. Gabriel of the Sorrowful Virgin, C

LENTEN TALK, STATIONS 6:30pm

Intentions of Theresa Marcum

Thurs., Feb. 29, No Mass in Springs – Lenten Feria

Mary Gilmor (Fries)

Fri., Mar. 1, DISTRIBUTION of HOLY COMMUNION 8:00am – Lenten Feria

Stations of the Cross 2:00pm

(First Friday)

HOLY MASS and BENEDICTION 6:30 pm

Priest's Intention

Sat., Mar. 2, REPOSITION 7:45 am, HOLY MASS 8:00 am – Lenten Feria (First Saturday)

LENTEN RETREAT – Fr. Nino Molina

Priest's Intention

Sunday, Mar. 3, HOLY MASS 9:00 am – 3rd Sunday of Lent

Pro Populo

Serving Schedule:

Sun., Feb. 25th: Alexander Vigil, Andrew Fries

Tues., Feb. 27th: Anthony Vigil, Hugo Vigil

Wed., Feb. 28th: Alexander & Jude Vigil

Wed. 6:30pm: Eric, Steven, & Anthony Kosovich

Fri., Mar. 1st 8am: Joseph Fries

Fri., Mar. 1st 2pm: Jude Vigil, Alex Vigil, John Fries

6:30pm: Eric Kosovich, Nick Vigil

Sat., Mar. 2nd: Anthony Kosovich, Andrew Fries

Sun., Mar. 3rd: Anthony Kosovich, Joseph Fries

Sun., Mar. 10th: Steven Kosovich, Anthony Vigil

Confessions: Sundays – 8:00 am and after Mass **Tues. & Wed. – 7:30 am** **Thurs. – 2:00pm**

Ending Hymn: O Sacred Head Surrounded Pg.34 #20

Catechism Classes: No classes today

Blessing of Religious Articles: Third Sunday of the month immediately following Mass

Wednesdays of Lent: 6:30pm Lenten Talk, Stations of the Cross

PLEASE PRAY FOR: Arlin Wertish, the Slusher Family, Gabriel Trujillo, Pauline Buonocore, Maria Allie, Kyle Kaltenbacher, Elijah Nosko, Joshua Potts, Cynthia Bernard, Miller Family, Michael Micklich, our Military and Police, Tom Gallegos, RIP Charles Lambrecht and family, RIP Jose Raul Flores, RIP Frances Kwitek, RIP Susan Walz, RIP Malachai Miller, RIP Matias & Ben Trujillo, RIP Richard Micklich and all those in need. (Contact Sister to add to this prayer list.)

LENTEN RETREAT: this Saturday, March 2nd, by Fr. Nino Molina. Fliers are available in the back of Church with the details. Several of the older girls will provide babysitting with crafts, movies and toys in the classrooms during the retreat. Providing snacks for the kids would be appreciated.

SPRING CLEANING: Please volunteer for larger cleaning projects on the sign-up sheet in the vestibule.

IRISH POTLUCK : will be held after Mass on Sunday, March 17th! There will be live entertainment, blarney stones and Irish soda bread! Please bring an Irish dish to share!

FIRST FRIDAY and FIRST SATURDAY MASS: in reparation to the Sacred Heart of Jesus and the Immaculate Heart of Mary are this week. Please sign up for the all night adoration on the Google sheets link that has been sent out. All the hours must be filled in order for us to have this privilege! Devotions for First Saturday will begin at 7:15 am; these include the Rosary with meditations and prayers to the Immaculate Heart.

Excerpts from The Season of Lent by Bishop Mark Pivarunas

The holy season of Lent begins the Church's solemn preparation for the glorious feast of the Resurrection of Our Lord and Savior Jesus Christ. When and by whom was the season of Lent instituted? Many of the early Fathers of the Church, in particular, St. Jerome, Pope St. Leo the Great, St. Cyril of Alexandria, and St. Isidore of Seville, confirm that the season of Lent was instituted by the Apostles themselves from the very commencement of the Church. They legislated a universal fast for the ever-growing flock of Christ to serve as a spiritual preparation for

Our Lord's Resurrection from the dead. The Apostles determined that, as the number forty (40) was a very significant number both in the Old and New Testaments, this solemn penitential season should also consist of 40 days. When Almighty God first cleansed the world from sin by means of the Great Flood in the days of Noah, it rained 40 days and 40 nights. Likewise, when Moses and the Israelites wandered in the desert on their journey to the Promised Land, they traveled 40 years in the barren wilderness. Finally, we have the perfect example of Christ

Himself, Who fasted for 40 days in the desert before He embarked on His public life. The concept of fasting is quite explicit in the teachings of Our Lord. In the Gospel of St. Matthew, we read that the disciples of St. John the Baptist one day approached Jesus and asked Him: "*Why do we and the Pharisees fast often, but thy disciples do not fast?*"

And Jesus said to them, 'Can the children of the bridegroom mourn, as long as the bridegroom is with them? But the days will come, when the bridegroom shall be taken away from them, and then they shall fast'" (Matt. 9:14-15). On one occasion

during Our Lord's life here on earth, the Apostles found themselves in a very embarrassing situation. They attempted to exorcise a possessed man and were unable to succeed. When Jesus had arrived on the scene, He instantly cast the devil out and later told His Apostles: "*This kind (of demon) is not cast out but by prayer and fasting*"

(Matt. 17:20). In the Acts of the Apostles, we find the Apostles combined prayer with fasting as a spiritual preparation for ordination of priests: "*When they had ordained to them priests in every church, and had prayed with fasting, they commended them to the Lord, in whom they had believed*" (Acts 14:22). "*As they were ministering to the Lord, and fasting, the Holy Ghost said to them: 'Separate me Saul and Barnabas, for the work whereunto I have taken them.'*" Then

they, fasting and praying, and imposed their hands upon them, sent them away" (Acts 13:2-3). The purpose of fasting is best summarized by St. Thomas Aquinas: "*Fasting is practiced for a three-fold purpose. First, in order to bridle the lusts of the flesh, wherefore the Apostle says: 'In stripes, in prisons, in seditions, in labors, in watchings, in fastings, in chastity, in knowledge, in long-suffering, in sweetness, in the Holy Ghost, in charity unfeigned'*" (2 Cor. 6:5,6), since fasting is the guardian of chastity. For, according to Jerome: "*Venus is cold when Ceres and Bacchus are not there.*" That is to say, lust is cooled by

abstinence in meat and drink. Secondly, we have recourse to fasting in order that the mind may arise more freely to the contemplation of heavenly things: hence it is related (Dan. 10) of Daniel that he received a revelation from God after fasting for three weeks. Thirdly, in order to satisfy for sins: wherefore it is written (Joel 2:12): "*Be converted to me with all your heart, in fasting, and in weeping and in mourning.*" The same is declared by Augustine in a sermon (De Orat. et Jejun): "*Fasting cleanses the soul, raises the mind, subjects one's flesh to the spirit, renders the heart contrite and humble, scatters the clouds of concupiscence, quenches the fire of lust, kindles the light of true chastity*" (Summa Theologicae, Question 147, Article 1).