



# Mary Help of Christians Traditional Roman Catholic Church

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mary-help-of-christians.org

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## Aug. 25<sup>th</sup>, 2024 † 14<sup>th</sup> Sunday after Pentecost

Sunday, Aug. 25, HIGH MASS 9:00 am – St. Louis, KC

*Pro Populo*

Mon., Aug. 26, No Mass in Springs – Feria ( St. Zephyrinus, PM)

*Brittany Murphy (D Murphy)*

Tues., Aug. 27, HOLY MASS 8:15 am – St. Joseph Calasactius, C

*RIP Charles Kenneth Murphy (D Murphy)*

Wed., Aug. 28, HOLY MASS 8:15 am – St. Augustine, BCD

*RIP Rosalie Marie Murphy (D Murphy)*

Thurs., Aug. 29, HOLY MASS 8:15 am – Beheading of St. John the Baptist

*Thanksgiving to Our Lady of Mount Carmelo & Special Intentions (Slusher)*

Fri., Aug. 30, HOLY MASS 8:15 am – St. Rose of Lima, V

Sat., Aug. 31, HOLY MASS 9:00 am – St. Raymond Nonnatus, C

Sunday, Sept. 1, HOLY MASS 9:00 am – 15<sup>th</sup> Sunday after Pentecost

*Pro Populo*

### Serving Schedule:

Sun., Aug. 25<sup>th</sup>: Thomas Vigil, Andrew Fries

Wed., Aug. 28<sup>th</sup>: Anthony Vigil, John Fries

Fri., Aug. 30<sup>th</sup>: Andrew Fries, Jude Vigil

Sun., Sept. 1<sup>st</sup>: Anthony Kosovich, Oliver Vigil

Sun., Sept. 8<sup>th</sup>: Steven Kosovich, Joseph Fries

Tues., Aug. 27<sup>th</sup>: Joseph Fries, Jude Vigil

Thurs., Aug. 29<sup>th</sup>: Alexander & Hugo Vigil

Sat., Aug. 31<sup>st</sup>: Volunteer

*“What grace is meant to do is to help good people, not to escape sufferings, but to bear them  
with a stout heart, with a fortitude that finds its strength in faith.”*

*- St. Augustine*

**Confessions:** Sundays – 8:00 am and after Mass    Tues. & Wed. - 8:00am

**Ending Hymn:** Glory Be to Jesus    Pg.34    #21

**Blessing of Religious Articles:** Following Holy Mass on the Third Sunday of each month.

**Catechism Classes:** Sunday, Aug. 25<sup>th</sup>, 8:15 – 8:45am.

**Adult Doctrine Classes:** Wednesday, Aug. 28<sup>th</sup>, 6:30-7:30pm

**PLEASE PRAY FOR:** Mary and Mark Gilmor, Arlin Wertish, the Slusher Family, Gabriel, Alex and Xavier Trujillo, Pauline Buonocore, Maria Allie, Kyle Kaltenbacher, Elijah Nosko, Joshua Potts, Cynthia Bernard, Miller Family, Michael Micklich, our Military and Police, Tom Gallegos, RIP Maria Atwood, RIP Charles Lambrecht and family, RIP Jose Raul Flores, RIP Frances Kwitek, RIP Susan Walz, RIP Malachai Miller, RIP Matias & Ben Trujillo, RIP Richard Micklich and all those in need. (Contact Sister to add to this prayer list.)

**CAR WASH:** to support the senior trip and the needs of the Academy Archery Program raised \$554. The next carwash will be Sept. 21<sup>st</sup>! Mark your calendars!

### **THE SPIRITUAL COMMUNION – St. Leonard of Port Maurice**

In order to facilitate a practice of such great excellence, ponder what I have to say. When the priest is about to give himself Communion in holy Mass, do you, keeping composed externally and internally, excite in your heart an act of true contrition, and humbly striking your breast, in token that you acknowledge yourself unworthy of so great a grace, make all those acts of love, of self-surrender, of humility, and the rest, which you are accustomed to make when you communicate sacramentally, and then desire with a lively longing to receive your good Jesus, veiled in the Sacrament for your benefit. And to kindle your devotion, imagine that most holy Mary, or some saint, your holy advocate, is holding forth to you the sacred Particle; figure yourself receiving It, and then, embracing Jesus in your heart, reply to Him, over and over again, with interior words prompted by love: “Come, Jesus, my beloved, come within this my poor heart; come and satiate my desires; come and sanctify my soul; come, most sweet Jesus, come!” This said, be still; contemplate your good God within you, and, as if you really had communicated, adore Him, thank Him, and perform all those interior acts to which you are accustomed after sacramental Communion. Now, learn that this blessed and holy spiritual Communion, so little practiced by the Christians of our day, is a treasure capable of filling the soul with a thousand benefits; and, as various authors say (Rodriguez, Exerc. Perf. p. 2, tract. 8, c. 15), “is so useful that it is capable of producing the same graces which sacramental Communion produces; nay, in some cases more. For although, indeed, sacramental Communion, that is, when the sacred Particle is really received, is of its own nature equal to the production of a higher result; because, being the Sacrament, it possesses virtue ex opere operato; nevertheless, a soul may make a spiritual Communion with so much humility, love, and devotion, as to win greater grace than another soul communicating sacramentally but without dispositions so thoroughly perfect. Our Saviour testifies so much favor to this spiritual Communion that on many occasions He has been pleased to respond with evident miracles to the pious longings of His servants. In short, as often as you practice what has been now prescribed, so often you make a spiritual Communion, and thus become enriched with graces and merits of every kind and degree of excellence.

