



Mary Help of Christians Traditional Roman Catholic Church

920 E. Cache la Poudre Street

Colorado Springs, CO 80903

mary-help-of-christians.org

Pastor: Fr. Augustine Walz: (509)-379-1953 (augustinewalz87@gmail.com)

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March 30th, 2025 † Laetare Sunday

Sunday, Mar. 30, HOLY MASS 9:00 am – St. John Climacus, Ab

Pro Populo

Mon., Mar. 31, HOLY MASS 7:30 am – Lenten Feria (St. Benjamin, Ab)

RIP William Stenger (Kaltenbacher)

Tues., Apr. 1, HOLY MASS 8:15 am – Lenten Feria (St. Hugh, BC)

RIP Igor Tkac (Fries)

Wed., Apr. 2, Distribution of Holy Communion 8:15am - St. Francis of Paula, C

STATIONS 6:00pm

HOLY MASS 6:30pm

RIP William Stenger (Kaltenbacher)

Thurs., Apr. 3, HOLY MASS 8:15 am – Lenten Feria (St. Richard, BC)

RIP William Stenger (Kaltenbacher)

Fri., Apr. 4, Distribution of Holy Communion 8:15am - St. Isidore, BCD

STATIONS 2:00 pm

FIRST FRIDAY

HOLY MASS and EXPOSITION 6:30pm

Ben and Jalaah Pulliam for their unborn daughter (Pulliam)

Sat., Apr. 5, REPOSITION 8:45 am, HOLY MASS 9:00 am – St. Vincent Ferrer, C

Mass to Our Lady (Trujillo)

FIRST SATURDAY

Sunday, Apr. 6, HOLY MASS 9:00 am – Passion Sunday

Pro Populo

Serving Schedule:

Sun., Mar. 30th: Joseph Fries, Anthony Vigil

Mon., Mar. 31st: Volunteer

Tues., Apr. 1st: Andrew Fries, Hugo Vigil

Wed., Apr. 2nd, 8:15am: Alex Vigil

Wed., 6:00pm: Eric, Steven & Anthony Kosovich

Thurs., Mar. 27th: John Fries, Toby Vigil

Fri., Apr. 4th, 8:15am: Anthony Vigil

Fri. Stations: Joseph & Andrew Fries, Jude Vigil

Fri., Apr. 4th, 6:30pm: Eric Kosovich, Nick Vigil

Sat., Apr. 5th: Anthony Vigil, John Fries

Sun., Apr. 6th: Anthony Kosovich, Andrew Fries

Sun., Apr. 13th: Steven Kosovich, Nick, Anthony, Alex, Jude, Hugo Vigil Joseph, Andrew, John Fries

Confessions: Sundays – 8:00 am and after Mass

Tues. & Wed. - 8:00am

Ending Hymn:

Blessing of Religious Articles: Following Holy Mass on the Third Sunday of each month.

Catechism Classes: today, Sunday, Mar. 30th, 8:15 – 8:45am

Lenten Devotions: Wednesdays at 6:00pm

Fridays at 2:00pm

PRAY FOR: Frank Eberwein, Rose Borders, Mark Gilmor, Arlin Wertish, the Slusher Family, Gabriel, Alex and Xavier Trujillo, Pauline Buonocore, Maria Allie, Kyle Kaltenbacher, Elijah Nosko, Joshua Potts, Cynthia Bernard, Miller Family, Michael Micklich, our Military and Police, RIP Timothy Pogar, RIP Roger McCarville, RIP Joe Vogel, RIP Tom Gallegos, RIP Mike Felthager, RIP Mary Gilmor, RIP Maria Atwood, RIP Charles Lambrecht and family, RIP Jose Raul Flores, RIP Frances Kwitek, RIP Susan Walz, RIP Malachai Miller, RIP Matias & Ben Trujillo, RIP Richard Micklich and all those in need. (Contact Sister to add to this prayer list.)

FIRST FRIDAY and FIRST SATURDAY: in reparation to the Sacred Heart of Jesus and the Immaculate Heart of Mary are this week. Please sign up for the all night adoration on the Google sheets link that has been sent out. All the hours must be filled in order for us to have this privilege! Devotions for First Saturday will begin at 8:00 am; these include the Rosary with meditations and prayers to the Immaculate Heart.

CAR WASH: to support the needs of the Academy will be held at the Ace Hardware on Circle, Saturday, April 5th, from 10am - 1:30pm. Come join us!

SPRING CHURCH DEEP CLEANING: sign-up sheet will be in the back of church in preparation of Easter! Please volunteer especially if you do not already have a weekly cleaning area.

EASTER DUTY: The faithful are reminded of the Church Law, binding under pain of mortal sin, to receive a worthy Holy Communion during Eastertime, that is from the 1st Sunday of Lent through Trinity Sunday (6 weeks after Easter).

FUNERAL: for Timothy Pogar will be 10:00am, Monday, March 31st, at Shove Chapel, 1010 N Nevada Ave, preceded by the Rosary at 9:15am and followed by the 12:00pm burial at Evergreen Cemetery and the 1-4pm luncheon at the Heart to Heart Counseling Center (720 Elkton Drive).

LENTEN FAST LAWS (for those aged 21 to 59) - Only one full meal is allowed daily. - Two smaller meatless meals may be taken besides, which, if taken together would not equal what you would normally eat at your main meal. - It is not permitted to eat between meals. - For those 21 -59, meat is only allowed at the main meal (except no meat at all on Friday, as usual). - The main meal may not be taken before noon. - Liquids, including milk and alcoholic drinks, may be taken any time, but fortifying drinks such as milkshakes or protein drinks are not allowed between meals. - Exceptions to the Church fast may apply to those unable to fast for a legitimate reason (illness, hard work, etc.) Please ask a priest if you think you are excused from fasting. (Women who are pregnant or nursing do not need to ask, as they are always excused from fasting.) - There is never any fasting or abstinence on Sundays. - The law of the Church fast binds all who have completed their 21st year (beginning the day after their twenty-first birthday) up to the beginning of their sixtieth year. (Hence the law ceases the day after their fifty-ninth birthday.)

- * NOTE that the "F" on the calendar shows that it is a fast day for those aged 21 to 59. The "meat only once a day on a fast day" rule only applies to those aged 21-59 who are obliged to follow the church fast. Those aged 7 and older who are not 21-59 must only follow abstinence laws as marked by a picture of a fish or half fish on the Catholic calendar.

Liturgical Year – Dom Gueranger

The Pasch, says our Evangelist, was near at hand; and, in a few days, our Lord will say to us: With desire have I desired to eat this Pasch with you. (St. Luke, xxii. 15.) Before leaving this world to go to his Father, Jesus desires to feed the multitude that follows him; and in order to this, he displays his omnipotence. Well may we admire that creative power, which feeds five thousand men with five loaves and two fishes, and in such wise, that even after all have partaken of the feast as much as they would, there remain fragments enough to fill twelve baskets. Such a miracle is, indeed, an evident proof of Jesus' mission; but he intends it as a preparation for something far more wonderful; he intends it as a figure and a pledge of what he is soon to do, not merely once or twice, but every day, even to the end of time; not only for five thousand men, but for the countless multitudes of believers. Think of the millions, who, this very year (1870), are to partake of the banquet of the Pasch; and yet, He whom we have seen born in Bethlehem, (the House of Bread,) He is to be the nourishment of all these guests; neither will the Divine Bread fail. We are to feast as did our fathers before us; and the generations that are to follow us, shall be invited as we now are, to come and taste how sweet is the Lord. (Ps. xxxiii. 9.)

But observe, it is in a desert place, (as we learn from St. Matth. xiv. 13.) that Jesus feeds these men, who represent us Christians. They have quitted the bustle and noise of cities in order to follow him. So anxious are they to hear his words, that they fear neither hunger nor fatigue; and their courage is rewarded. A like recompense will crown our labours, our fasting and abstinence, which are now more than half over. Let us, then, rejoice, and spend this day with the light-heartedness of pilgrims, who are near the end of their journey. The happy moment is advancing, when our soul, united and filled with her God, will look back with pleasure on the fatigues of the body, which, together with our heart's compunction, have merited for her a place at the Divine Banquet.