



Mary Help of Christians Traditional Roman Catholic Church

920 E. Cache la Poudre Street

Colorado Springs, CO 80903

← mary-help-of-christians.org →

Pastor: Fr. Augustine Walz: (509)-379-1953 (augustinewalz87@gmail.com)

Assistant: Fr. Carlos Zepeda: (870)-213-5688 (frcarlozpeda@gmail.com)

Local contact: Jeani Vigil: (719) 205-1434; Sisters: (402) 290-5883

July 13, 2025 † 5th Sunday after Pentecost

Sunday, July 13, HIGH MASS 9:00 am – St. Anacletus, PM

Pro Populo

Mon., July 14, No Mass in Springs – St. Bonaventure, BCD

Tues., July 15, HOLY MASS 8:00 am – St. Henry, EmpC

Spritiual Needs of James Kauhane (Nosko)

Wed., July 16, HOLY MASS 8:00 am – Our Lady of Mount Carmel

Thurs., July 17, HOLY MASS 8:00 am – Seven Holy Brothers, Mm

Poor Souls (Knight)

Fri., July 18, No Mass in Springs – Feria (St. Pius I, PM)

Poor Souls (Wertish)

Sat., July 19, No Mass in Springs – St. John Gualbert, Ab

Jake and Katherine Shaft Family (Wertish)

Sunday, July 20, HOLY MASS 9:00 am – 6th Sunday after Pentecost

Pro Populo

Serving Schedule:

Sun., July 13th: Joseph Fries, Alexander Vigil

Tues., July 15th: Andrew & John Fries

Thurs., July 17th: Thomas & Toby Vigil

Sun., July 20th: Anthony Vigil, Andrew Fries

Wed., July 16th: Anthony & Alexander Vigil

**“Blood of Christ, Incarnate Word of God, most worthy of all glory and honor, help of those in peril,
save us” – Litany of the Precious Blood**

Confessions: Sundays – 8:00 am and after Mass

Tues. & Wed. - 7:30am

Ending Hymn: Glory Be to Jesus Pg.34 #21

Blessing of Religious Articles: Following Holy Mass on the Third Sunday of each month.

PRAY FOR: Anna Ahern, Gerard Crochet, Frank Eberwein, Rose Borders, Mark Gilmor, Arlin Wertish, the Slusher Family, Gabriel, Alex and Xavier Trujillo, Pauline Buonocore, Maria Allie, Kyle Kaltenbacher, Elijah Nosko, Joshua Potts, Cynthia Bernard, Miller Family, Michael Micklich, our Military and Police, RIP Mary Watson, RIP Timothy Pogar, RIP Don Hopkins, RIP Roger McCarville, RIP Joe Vogel, RIP Tom Gallegos, RIP Mike Felthager, RIP Mary Gilmor, RIP Maria Atwood, RIP Charles Lambrecht and family, RIP Jose Raul Flores, RIP Frances Kwitek, RIP Susan Walz, RIP Malachai Miller, RIP Matias & Ben Trujillo, RIP Richard Micklich, RIP Edward Ponder and all those in need. (Contact Sister to add to this list.)

PRAYERS PLEASE: for a safe and holy girls' camp this week in Omaha!

DRESS CODE FOR CMRI CHAPELS: Out of respect for the Blessed Sacrament, and in keeping with Christian modesty, please observe the following standards of dress: Women and girls—A suitable hat or veil should be used, that covers at least the crown of the head (I Cor. 11:5, 6, 10). No slacks, no sleeveless, revealing, or low-cut clothing (the Mary-like Crusade's standard is that a dress be not cut more than two fingers' width below pit of throat). Dresses & skirts should cover knees when you are standing or sitting, and not have long slits in them. Strapless or spaghetti-strap clothing is always sinfully immodest and should never be worn. Please avoid "straight skirts" as well, since they are usually form-fitting and tight. Men and boys—Suit coat and tie, dress slacks, or other formal attire. Jeans, shorts, "flip-flops," and other casual attire are inappropriate for church! Be sure to also avoid clothing with logos and/or large lettering, as these can be quite distracting. We welcome all our guests and visitors, and encourage you to read the blue pamphlet "Welcome to the Traditional Latin Mass" (available in the bookstore). It explains why we must completely avoid the modern Mass and liturgies.

BROWN SCAPULAR

In the year 1251, in the town of Aylesford in England, Our Lady appeared to St. Simon Stock, a Carmelite. She handed him a brown woolen scapular and said, "This shall be a privilege for you and all Carmelites, that anyone dying in this habit shall not suffer eternal fire." In time, the Church extended this magnificent privilege to all the laity who are willing to be invested in the Brown Scapular of the Carmelites and who perpetually wear it. By simply wearing the Scapular, we can tell Our Mother every moment of the day that we venerate her, love her and trust in her protection. When we use the scapular as a prayer, Our Lady draws us to the Sacred Heart of Her Divine



Son. It is good, therefore, to hold the scapular in the hand, especially in time of temptation. The evil spirit is utterly powerless when the wearer of a scapular faces temptation, calling upon the Holy Virgin in this silent devotion. "If you had recommended yourself to me, you would not have run into such danger," was Our Lady's gentle reproach to Blessed Alan de la Roche, one of her devoted servants. To be eligible for the scapular promise, one must be enrolled in the Brown Scapular Confraternity. This is a simple ceremony which can be performed by any priest. The members of the Confraternity have the added benefit of sharing in all the spiritual benefits of the Carmelite Order. The scapular must be 100% wool without plastic casing and should not be pinned or affixed to clothing. It is worn over the head, under one's clothes, with one square of wool hanging on the chest and the other on the back. Pictures are not necessary. The Blessed Virgin of Mount Carmel has promised to save those who wear the scapular from the fires of hell; She will also shorten their stay in purgatory if they should pass from this world still owing some debt of punishment. This promise is found in a Bull of Pope John XXII. The Blessed Virgin appeared to him and, speaking of those who wear the Brown Scapular, said, "I, the Mother of Grace, shall descend on the Saturday after their death and whomsoever I shall find in purgatory I shall free so that I may lead them to the holy mountain of life everlasting." The Blessed Virgin assigned certain conditions which must be fulfilled: 1. Wear the Brown Scapular continuously. 2. Observe chastity according to one's state in life (married/single). 3. Recite daily the Little Office of the Blessed Virgin OR Observe the fasts of the Church together with abstaining from meat on Wednesdays and Saturdays OR With permission of a priest, say five decades of Our Lady's Most Holy Rosary OR With permission of a priest, substitute some other good work. Pope Benedict XV, the celebrated World War I Pontiff, granted 500 days indulgence for devoutly kissing your scapular. Pope Pius XII: "May all see in this keepsake of the Virgin herself a mirror of humility and purity; may they read in the very simplicity of the Garment a concise lesson in modesty and simplicity; above all, may they behold in this same Garment, which they wear day and night, the eloquent expressive symbol of their prayers for divine assistance."