



Mary Help of Christians Traditional Roman Catholic Church

920 E. Cache la Poudre Street

Colorado Springs, CO 80903

mary-help-of-christians.org

Pastor: Fr. Augustine Walz: (509)-379-1953 (augustinewalz87@gmail.com)

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August 31, 2025 † 12th Sunday after Pentecost

Sunday, Aug. 31, HIGH MASS 9:00 am – St. Raymond Nonnatus, C

Pro Populo

Mon., Sept. 1, No Mass in Springs – Feria (St. Giles, Ab)

RIP All Deceased Benefactors of MHOC

Tues., Sept. 2, HOLY MASS 8:15 am – St. Stephen, KC

Wed., Sept. 3, HOLY MASS 8:15 am – St. Pius X, PC

Private Intention (S Kosovich)

Thurs., Sept. 4, HOLY MASS 8:15 am – Feria (St. Rose of Viterbo, V)

Martinez Family (Nosko)

Fri., Sept. 5, DISTRIBUTION of HOLY COMMUNION and BENEDICTION 8:15am

HOLY MASS and EXPOSITION 6:30 pm – St. Lawrence Justinian, BC

Kyle Kaltenbacher Intentions (Kaltenbacher) First Friday

Sat., Sept. 6, REPOSITION & HOLY MASS 8:50 am – BVM Saturday First Saturday

Private Intention (S Kosovich)

Sunday, Sept. 7, HOLY MASS 9:00 am – 13th Sunday after Pentecost

Pro Populo

Serving Schedule:

Sun., Aug. 31st: Andrew Fries, Tobias Vigil

Wed., Sept. 3rd: Anthony Vigil, John Fries

Fri., Sept. 5th 8:15am: Tobias Vigil, Joseph Fries

Sat., Sept. 6th: Anthony Kosovich, John Fries

Sun., Sept. 7th: Anthony Kosovich, Alexander Vigil

Sun., Sept. 14th: Steven Kosovich, Joseph Fries

Tues., Sept. 2nd: Andrew Fries, Jude Vigil

Thurs., Sept. 4th: Alexander & Hugo Vigil

6:30pm: Eric Kosovich, Nick Vigil

“If the Angels could envy, they would envy us for Holy Communion!” - St. Pius X

Confessions: Sundays – 8:00 am and after Mass

Tues. & Wed: 7:45am **Wed:** 2:00p

Ending Hymn: Hail Holy Queen, Mother of Mercy

Sheet

Catechism Classes: today, August 31st, from 8:15 – 8:45am

Blessing of Religious Articles: Following Holy Mass on the Third Sunday of each month.

PRAY FOR: Anna Ahern, Gerard Crochet, Frank Eberwein, Rose Borders, Mark Gilmor, Arlin Wertish, the Slusher Family, Alex and Xavier Trujillo, Pauline Buonocore, Maria Allie, Kyle Kaltenbacher, Elijah Nosko, Joshua Potts, Cynthia Bernard, Michael Micklich, our Military and Police, RIP Gabriel Trujillo, RIP Mary Watson, RIP Timothy Pogar, RIP Don Hopkins, RIP Roger McCarville, RIP Joe Vogel, RIP Tom Gallegos, RIP Mike Felthager, RIP Mary Gilmor, RIP Maria Atwood, RIP Charles Lambrecht and family, RIP Jose Raul Flores, RIP Frances Kwitek, RIP Susan Walz, RIP Matias & Ben Trujillo, RIP Richard Micklich, RIP Edward Ponder and all those in need. (Contact Sister to add to this list.)

VOLUNTEERS: needed to pick a week to bring doughnuts! There is a sign-up sheet in the vestibule.

FIRST FRIDAY and FIRST SATURDAY: in reparation to the Sacred Heart of Jesus and the Immaculate Heart of Mary are this week. Please sign up for the all night adoration on the Google sheets link that has been sent out. All the hours must be filled in order for us to have this privilege! Devotions for First Saturday will begin at 8:00 am; these include the Rosary with meditations and prayers to the Immaculate Heart.

Excerpts from SACRA TRIDENTINA - Pope St. Pius X

The Holy Council of Trent, having in view the ineffable riches of grace which are offered to the faithful who receive the Most Holy Eucharist, makes the following declaration: 'The Holy Council wishes indeed that at each Mass the faithful who are present should communicate, not only in spiritual desire, but sacramentally, by the actual reception of the Eucharist.' These words declare plainly enough the wish of the Church that all Christians should be daily nourished by this heavenly banquet and should derive therefrom more abundant fruit for their sanctification. This wish of the Council fully conforms to that desire wherewith Christ our Lord was inflamed when He instituted this Divine Sacrament. For He Himself, more than once, and in clarity of word, pointed out the necessity of frequently eating His Flesh and drinking His Blood, especially in these words: This is the bread that has come down from heaven; not as your fathers ate the manna, and died. He who eats this bread shall live forever. From this comparison of the Food of angels with bread and with manna, it was easily to be understood by His disciples that, as the body is daily nourished with bread, and as the Hebrews were daily fed with manna in the desert, so the Christian soul might daily partake of this heavenly bread and be refreshed thereby. Moreover, we are bidden in the Lord's Prayer to ask for 'our daily bread' by which words, the holy Fathers of the Church all but unanimously teach, must be understood not so much that material bread which is the support of the body as the Eucharistic bread which ought to be our daily food. Moreover, the desire of Jesus Christ and of the Church that all the faithful should daily approach the sacred banquet is directed chiefly to this end, that the faithful, being united to God by means of the Sacrament, may thence derive strength to resist their sensual passions, to cleanse themselves from the stains of daily faults, and to avoid these graver sins to which human frailty is liable. So that its primary purpose is not that the honor and reverence due to our Lord may be safe-guarded, or that it may serve as a reward or recompense of virtue bestowed on the recipients. Hence, the Holy Council calls the Eucharist 'the antidote whereby we may be freed from daily faults and be preserved from mortal sin.' The will of God in this respect was well understood by the first Christians; and they daily hastened to this Table of life and strength. They continued steadfastly in the teaching of the apostles and in the communion of the breaking of the bread. The holy Fathers and writers of the Church testify that this practice was continued into later ages and not without great increase of holiness and perfection. A right intention consists in this: that he who approaches the Holy Table should do so, not out of routine, or vain glory, or human respect, but that he wish to please God, to be more closely united with Him by charity, and to have recourse to this divine remedy for his weakness and defects. Although it is especially fitting that those who receive Communion frequently or daily should be free from venial sins, at least from such as are fully deliberate, and from any affection thereto, nevertheless, it is sufficient that they be free from mortal sin, with the purpose of never sinning in the future; and if they have this sincere purpose, it is impossible by that daily communicants should gradually free themselves even from venial sins, and from all affection thereto. Since, however, the Sacraments of the New Law, though they produce their effect *ex opere operato*, nevertheless, produce a great effect in proportion as the dispositions of the recipient are better, therefore, one should take care that Holy Communion be preceded by careful preparation, and followed by an appropriate thanksgiving, according to each one's strength, circumstances and duties. But since it is plain that by the frequent or daily reception of the Holy Eucharist union with Christ is strengthened, the spiritual life more abundantly sustained, the soul more richly endowed with virtues, and the pledge of everlasting happiness more securely bestowed on the recipient, therefore, parish priests, confessors and preachers, according to the approved teaching of the *Roman Catechism* should exhort the faithful frequently and with great zeal to this devout and salutary practice.

