



Mary Help of Christians Traditional Roman Catholic Church

920 E. Cache la Poudre Street

Colorado Springs, CO 80903

mary-help-of-christians.org

Pastor: Fr. Augustine Walz: (509)-379-1953 (augustinewalz87@gmail.com)

Assistant: Fr. Carlos Zepeda: (870)-213-5688 (frcarlozpeda@gmail.com)

Local contact: Jeani Vigil: (719) 205-1434; Sisters: (402) 290-5883

September 14th, 2025 † Exultation of the Holy Cross

Sunday, Sept. 14, HIGH MASS 9:00 am – 14th Sunday after Pentecost

Pro Populo

Mon., Sept. 15, No Mass in Springs – Seven Sorrows BVM

Private Intention (S Kosovich)

Tues., Sept. 16, HOLY MASS 8:15 am – Ss. Cornelius, P & Cyprian, B, Mm

Daniel Martinez (Martinez)

Wed., Sept. 17, HOLY MASS 8:15 am – Stigmata of St. Francis EMBER WEDNESDAY

Kollen Kaltenbacher Family Intentions (Kaltenbacher)

Thurs., Sept. 18, HOLY MASS 8:15 am – St. Joseph Cupertino, C

Emily Martinez (Martinez)

Fri., Sept. 19, HOLY MASS 8:15 am – Ss. Januarius & Comp., Mm EMBER FRIDAY

Kollen Kaltenbacher Family Intentions (Kaltenbacher)

Sat., Sept. 20, HOLY MASS 9:00 am – St. Eustace & Comp., Mm EMBER SATURDAY

Isabel Martinez (Martinez)

Sunday, Sept. 21, HOLY MASS 9:00 am – St. Matthew, ApEv

Pro Populo

Serving Schedule:

Sun., Sept. 14th: Steven Kosovich, Joseph Fries

Wed., Sept. 17th: Alexander Vigil, John Fries

Fri., Sept. 19th: Tobias Vigil, Joseph Fries

Sun., Sept. 21st: Anthony Vigil, John Fries

Sun., Sept. 28th: Joseph Fries, Andrew Fries

Tues., Sept. 16th: Joseph Fries, Jude Vigil

Thurs., Sept. 18th: Anthony & Hugo Vigil

Sat., Sept. 20th: Volunteer

“The Martyrdom of Mary was not caused by the executioner’s sword, but proceeded from bitter sorrow of heart.” - St. Bernard of Clairvaux

Confessions: Sundays – 8:00 am and after Mass

Tues. & Wed: 7:45am

Wed: 2:00p

Ending Hymn: Glory Be to Jesus

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Catechism Classes: today, Sept 14th, from 8:15 – 8:45am

Blessing of Religious Articles: Following Holy Mass on the Third Sunday of each month.

PRAY FOR: Anna Ahern, Gerard Crochet, Frank Eberwein, Rose Borders, Mark Gilmor, Arlin Wertish, the Slusher Family, Alex and Xavier Trujillo, Pauline Buonocore, Mary Allie, Kyle Kaltenbacher, Elijah Nosko, Joshua Potts, Cynthia Bernard, Michael Micklich, our Military and Police, RIP Gabriel Trujillo, RIP Mary Watson, RIP Timothy Pogar, RIP Don Hopkins, RIP Roger McCarville, RIP Joe Vogel, RIP Tom Gallegos, RIP Mike Felthager, RIP Mary Gilmor, RIP Maria Atwood, RIP Charles Lambrecht and family, RIP Jose Raul Flores, RIP Frances Kwitek, RIP Susan Walz, RIP Matias & Ben Trujillo, RIP Richard Micklich, RIP Edward Ponder and all those in need. (Contact Sister to add to this list.)

USHERS and MEN'S MEETING: discussed the moral guidelines of defending against an unjust aggressor, setting up deterrents, such as better doors (for which we are again getting quotes), additional outdoor cameras and the installation of the fence. Future meetings will be held to discuss coordinated self-defense.

FOR THE CONGREGATION: please kindly remember, if an incident should occur, the best thing for you to do is to get your children and yourselves below the pews. Trying to run is likely to increase the possibility of getting injured and hinder those dealing with the aggressor. May Our Blessed Mother, Queen of the Angels, drive the cruel enemy from us and send her angels to guide and protect us always!

THANK YOU: to helped to install the fence yesterday. May God bless your generous effort!

EMBER DAYS: This week Wednesday, Friday and Saturday are the Ember Days. All those over 21 and under 59 are obliged to fast (only one full meal is allowed; two smaller meatless meals, sufficient to maintain strength, may be taken but together they should not equal a full meal). Those 7 and older are obliged to partial abstinence (meat only at the main meal) on Wednesday and Saturday, complete abstinence on Friday.

CAR WASH: is scheduled for Saturday, Sept. 20th, at the Ace Hardware on Circle and Galley. Help is greatly appreciated! An online sign-up sheet has been emailed.

COLLECTION TOTALS for AUGUST: is 8-3: \$1145; 8-10 \$615; 8-15 \$403; 8-24 \$1606; 8-31 \$1365.

Petition to the Sorrowful Heart of Mary

V. Incline unto my aid, O God! R. O Lord, make haste to help me! Glory be.

1. I compassionate you, O sorrowful Mother Mary, on account of that grief suffered by your tender heart at the prophecy of the aged Holy Simeon. O dearest Mother, through this your afflicted heart implore for me the virtue of humility and the Gift of the Fear of God. One Hail Mary.
2. I compassionate you, O sorrowful Mother Mary, on account of those distressing fears which your affectionate heart endured on the flight to Egypt and during your sojourn there. O dearest Mother, through this your anxious heart implore for me the virtue of generosity, particularly for the poor, and the Gift of Piety. One Hail Mary.
3. I compassionate you, O sorrowful Mother Mary, on account of that anxiety which your worried heart endured in the loss of your beloved Child Jesus. O dearest Mother, through this your exceedingly troubled heart implore for me the virtue of chastity and the Gift of Knowledge. One Hail Mary.
4. I compassionate you, O sorrowful Mother Mary, on account of that horror with which your mother-heart was stricken when meeting Jesus, bearing the Cross. O dearest Mother, through this your exceedingly oppressed heart implore for me the virtue of patience and the Gift of Fortitude. 1 Hail Mary.
5. I compassionate you, O sorrowful Mother Mary, on account of that martyrdom which tortured your magnanimous heart at the death-agony of Jesus. O dearest Mother, through this your martyred heart implore for me the virtue of temperance and the Gift of Counsel. One Hail Mary.
6. I compassionate you, O sorrowful Mother Mary, on account of the anguish inflicted upon your tender heart by the thrust of the lance that opened the side of Jesus and pierced His most adorable Heart. O dearest Mother, through this vicarious transfixion of your own heart implore for me the virtue of brotherly love and the Gift of Understanding. One Hail Mary.
7. I compassionate you, O sorrowful Mother Mary, on account of that agony of soul which racked your most loving heart at the burial of Jesus. O dearest Mother, through this extreme torment that filled your burdened heart implore for me the virtue of zeal and the Gift of Wisdom. One Hail Mary.

V. Pray for us, O Virgin Most Sorrowful! R. That we may be made worthy of the promises of Christ. Let us Pray: O Lord Jesus Christ, we beseech You, that the most Blessed Virgin Mary, whose soul was pierced by the Sword of Sorrow in the hour of Your Passion, may be our advocate at the throne of Your Mercy, now, and at the hour of our death. Through You, Jesus Christ, Redeemer of the world, Who live and reign with the Father and the Holy Ghost, world without end. Amen.

