



Mary Help of Christians Traditional Roman Catholic Church

920 E. Cache la Poudre Street

Colorado Springs, CO 80903

mary-help-of-christians.org

Pastor: Fr. Augustine Walz: (509)-379-1953 (augustinewalz87@gmail.com)

Assistant: Fr. Carlos Zepeda: (870)-213-5688 (frcarlozpeda@gmail.com)

Local contact: Jeani Vigil: (719) 205-1434; Sisters: (402) 290-5883

January 25th, 2026 † 3rd Sunday after Epiphany

Sunday, Jan. 25, HIGH MASS 9:00 am - St. Peter's Chair at Rome

Pro Populo

Mon., Jan. 26, No Mass in Springs - Feria (St. Polycarp, BM)

Conversion of Friends & Family (Creighton)

Tues., Jan. 27, HOLY MASS 5:45am - St. John Chrysostom, BCD

Rebecca Sherman (Martinez)

Wed., Jan. 28, No Mass in Springs - St. Peter Nolosco, C

For the Holy Church (Martin)

Thurs., Jan. 29, No Mass in Springs - St. Francis de Sales, BCD

For Paul S. Smith (Smith)

Fri., Jan. 30, No Mass in Springs - St. Martina, VM

RIP Robert Bernard (Bernard)

Sat., Jan. 31, No Mass in Springs - St. John Bosco, C

Sunday, Feb. 1, HOLY MASS 9:00 am - Septuagesima Sunday

Pro Populo

Serving Schedule:

Sun., Jan. 25th: Anthony Vigil, Tobias Vigil

Tues., Jan. 27th: Volunteer

Sun., Feb. 1st: Anthony Kosovich, Joseph Fries

Sun., Feb. 8th: Steven Kosovich, Alexander Vigil

“ That they all may be one, as Thou, Father, in me and I in thee, that they also may be one in us. ”

Confessions: Sundays - 8:00 am and after Mass

Tues. & Wed: 7:45am

Benediction with Rosary and Confessions: will be at 1:50pm on Wednesdays that Mass is scheduled

Ending Hymn: Joy to the World Pg 31 #15

Catechism Classes: Sun., Jan. 25th, 8:15am - 8:45am

Blessing of Religious Articles: Following Holy Mass on the Third Sunday of each month.

PRAY FOR: Jacqueline Meyer, Anna Ahern, Christine Flores, Frank Eberwein, Rose Borders, Mark Gilmor, Arlin Wertish, the Slusher Family, Alex and Xavier Trujillo, Pauline Buonocore, Kyle Kaltenbacher, Elijah Nosko, Joshua Potts, Cynthia Bernard, Michael Micklich, our Military and Police, RIP Gerard Crochet, RIP Mary Allie, RIP Gabriel Trujillo, RIP Mary Watson, RIP Timothy Pogar, RIP Don Hopkins, RIP Roger McCarville, RIP Joe Vogel, RIP Hol Tom Gallegos, RIP Mike Felthager, RIP Mary Gilmor, RIP Maria Atwood, RIP Charles Lambrecht and family, RIP Jose Raul Flores, RIP Frances Kwitek, RIP Susan Walz, RIP Matias & Ben Trujillo, RIP Richard Micklich, RIP Edward Ponder and all those in need. (Contact Sister to add to this list.)

BANNS of MARRIAGE: are announced for the second time for Matthew Kosovich and Abby Lee Moore. Anyone aware of an impediment is obliged to notify the pastor.

Your Cross – St. Francis de Sales

The everlasting God has in His wisdom foreseen from eternity the cross that He now presents to you as a gift from His inmost heart. This cross He now sends you He has considered with His all-knowing eyes, understood with His divine mind, tested with His wise justice, warmed with loving arms and weighed with His own hands to see that it be not one inch too large and not one ounce too heavy for you. He has blessed it with His holy Name, anointed it with His consolation, taken one last glance at you and your courage, and then sent it to you from heaven, a special greeting from God to you, an alms of the all-merciful love of God.

There is no evil to be faced that Christ does not face with us. There is no enemy that Christ has not already conquered. There is no cross to bear that Christ has not already borne for us, and does not now bear with us. Do not look forward in fear to the changes in life; rather, look to them with full hope that as they arise, God, whose very own you are, will lead you safely through all things; and when you cannot stand it, God will carry you in His arms. Do not fear what may happen tomorrow; the same understanding Father who cares for you today will take care of you then and every day.

He will either shield you from suffering or will give you unfailing strength to bear it. Be at peace, and put aside all anxious thoughts and imaginations.

It is good to mistrust ourselves, but how would that advantage us were we not to throw all our confidence on God and to wait on His mercy? If you feel no such confidence, cease not on that account from making these acts and from saying to

Our Lord: "Yet, O Lord, though I have no feeling of confidence in You, nevertheless, I know that You are my God, that I am all Yours, and that I have no hope but in Your goodness, so I abandon myself entirely into Your Hands." It is always in our power to make these acts; although we have difficulty in performing them, still there is no impossibility. Thus we testify faithfulness to Our Lord.

Prayer in Special Need to the Blessed Virgin Mary (St. Francis De Sales)

Say not, merciful Virgin, that you cannot help me; for your beloved Son has given you all power in heaven and on earth. Say not that you ought not assist me, for you are the mother of all the poor children of Adam, and mine in particular. Since then, merciful Virgin, you are my mother and you are all-powerful, what excuse can you offer if you do not lend your assistance? See. my mother, see, you are obliged to grant me what I ask, and to yield to my entreaties.

Prayer to St. Francis De Sales

"O Glorious St. Francis, model of the interior life, and full of zeal for the salvation of souls! Obtain for me the grace to employ all my faculties, not for my own sanctification alone, but for that of my neighbor also; that continually spreading abroad the sweet odor of Jesus Christ by my words and works, I may attain with thee the blessedness promised to the merciful: "Blessed are the merciful, for they shall obtain mercy;" and that I may one day have a share in the glory which thou dost enjoy in paradise with the angels and saints, where those who edify and instruct to justice shall shine as stars for all eternity (Dan. xii. 3).

