



Mary Help of Christians Traditional Roman Catholic Church

920 E. Cache la Poudre Street

Colorado Springs, CO 80903

← Mary-help-of-christians.org →

Pastor: Fr. Augustine Walz: (509)-379-1953 (augustinewalz87@gmail.com)

Assistant: Fr. Carlos Borja: (870)-213-5688 (fr.carlosborja@gmail.com)

Local contact: Jeani Vigil: (719) 205-1434; Sisters: (402) 290-5883

July 26th, 2026 † St. Anne, Mother BVM

Sunday, July 26, HOLY MASS 9:00 am – 9th Sunday after Pentecost

Pro Populo

Mon., July 27, No Mass in Springs - Feria (St. Pantaleon, M)

RIP Kyle Kaltenbacher (Kaltenbacher)

Tues., July 28, No Mass in Springs - Ss Nazarius & Celsus, Mm; Victor, PM, & Innocent I, PC

RIP Kyle Kaltenbacher (Kaltenbacher)

Wed., July 29, No Mass in Springs - St. Martha, V

RIP Kyle Kaltenbacher (Kaltenbacher)

Thurs., July 30, No Mass in Springs - Feria (Ss. Abdon & Sennen, Mm)

RIP Kyle Kaltenbacher (Kaltenbacher)

Fri., July 31, No Mass in Springs - St. Ignatius Loyola, C

Alicia Vruble (Hosner's)

Sat., Aug. 1, EXPOSITION 8:00 am & HOLY MASS 9:00 am – St. Peter in Chains

For my Family (Sunn)

First Saturday

Sunday, Aug. 2, HOLY MASS 9:00 am – St. Anne, Mother BVM

Pro Populo

Serving Schedule:

Sun., July 26th : Tobias Vigil, John Fries

Sat., Aug. 1st: Anthony Kosovich, Tobias Vigil

Sun., Aug. 2nd: Alexander Vigil, Andrew Fries

Sun., Aug. 9th: Steven Kosovich, Anthony Vigil

It is not hard to obey when we love the one whom we obey! - St. Ignatius of Loyola

Confessions: Sundays – 8:00 am and after Mass

Additional confession time may also be scheduled by appointment.

Ending Hymn:

Blessing of Religious Articles: Following Holy Mass on the Third Sunday of each month.

PRAY FOR: Ben Pulliam Family, Daniel Kramer, Jacqueline Meyer, Anna Ahern, Christine Flores, Frank Eberwein, Rose Borders, Mark Gilmore, Arlin Wertish, the Slusher Family, Alex and Xavier Trujillo, Pauline Buonocore, Elijah Nosko, Joshua Potts, Cynthia Bernard, Michael Micklich, our Military and Police, RIP Audrey Hockel, RIP Kyle Kaltenbacher, RIP Mary Allie, RIP Gabriel Trujillo, RIP Mary Watson, RIP Timothy Pogar, RIP Don Hopkins, RIP Roger McCarville, RIP Joe Vogel, RIP Tom Gallegos, RIP Mike Felthager, RIP Mary Gilmore, RIP Maria Atwood, RIP Frances Kwitek, RIP Susan Walz, RIP Matias & Ben Trujillo, RIP Richard Micklich, RIP Edward Ponder and all those in need. (Contact Sister to add to this list.)

FIRST SATURDAY: in reparation to the Immaculate Heart of Mary are this week. Devotions for First Saturday will begin at 8:00 am; these include Exposition, the Rosary with meditations and prayers to the Immaculate Heart.

VOLUNTEERS: needed to pick a week to bring doughnuts! There is a sign-up sheet in the vestibule.

IHM ACADEMY: resumes classes, Tuesday, August 18th. All are welcome to join us for a picnic outing to Crystal Park Lake, Friday, Aug. 21st in honor of the Immaculate Heart of Mary. Please ask Sr. Catherine for details if you're interested.

CAMPS and YOUNG ADULT ACTIVITIES: fliers for camps and young adult activities are available in the vestibule.

Prayers and Writings of St. Ignatius of Loyola

Receive, O Lord, all my liberty. Take my memory. Receive my memory, understanding, and entire will.

Whatsoever I have or hold, Thou hast given it: I give all back to Thee, and commit it wholly to be governed by

Thy will. Thy love and Thy grace give unto me, and I am rich enough and ask for nothing more.

Soul of Christ, sanctify me, Body of Christ, save me, Blood of Christ, inebriate me, Water from the side of Christ, wash me, Passion of Christ, strengthen me, O good Jesus, hear me, Within Thy wounds hide me, Permit me not to be separated from Thee, From the malignant enemy defend me, In the hour of my death call me, And bid me come unto Thee, That with thy Saints I may praise Thee, Forever and ever. Amen

ON THE HOLY COMMUNION

One of the most admirable effects of Holy Communion is to preserve souls from falling, and to help those who fall from weakness to rise again; therefore it is much more profitable frequently to approach this Divine Sacrament with love, respect, and confidence, than to keep back from an excess of fear and cowardice.

BLESSING THROUGH THE HANDS OF MARY

May our Lady deign to intercede for us sinners with her Divine Son and Lord, and to obtain from Him a blessing on our pains and trials.

PATIENCE IN SUFFERINGS

If God causes you to suffer much, it is a sign that He has great designs for you, and that He certainly intends to make you a saint. And if you wish to become a great saint, entreat Him yourself to give you much opportunity for suffering; for there is no wood better to kindle the fire of holy love than the wood of the cross, which Christ used for his own great sacrifice of boundless charity.

THE REWARDS OF HEAVEN

A precious crown is reserved in heaven for those who put into their actions all the diligence of which they are capable, for it is not enough to do good, we must do it well.

SOULS DETACHED FROM EARTH

God takes special care to detach those whom He loves with special predilection from the passing pleasures of this world, by sending them desires after heavenly bliss, and by the sorrows and bitterness of the present life.

EVILS OF IDLENESS

Idleness begets a life of discontentedness, it develops self-love, which is the cause of all our miseries, and renders us unworthy to receive the favors of Divine love.

TRUTH

Truth always shines with the brightness which belongs to it, while falsehood is wrapped in darkness; to dispel this darkness it is enough to put falsehood in the presence of truth.